



FIRST BAPTIST CHURCH
COLUMBIANA

March 3, 2021 e-Evangel

Studies

in

Samuel

Wednesdays

@ 6:30

Fellowship Hall



Finding Joy
Pastor's Message
Sundays @ 10:30





VBS 2021

June 7-10

9:00 am til 12:00

Completed 4K – 5th Grade

See Laura Ludwig,

Brandie Merrell or Jackie

Finklea for more info



Learn more about
our Summer 2021
mission trip to
Costa Rica

Informational Meeting:
March 3 - 6-7:30

Contact Andy for more info





Sanctuary Choir
Wednesdays
@ 6:00-7:30 pm
In the sanctuary

Deal with Discouragement and Depression
Finding Joy – Part 3

Elijah was afraid and ran for his life...He came to a broom bush, sat down under it and prayed that he might die. "I have had enough, Lord. Take my life!" 1 Kings 19:4 NIV

Some causes of discouragement and depression:

■ **Losing** _____

Elijah stepped forward and prayed...Then the fire of the Lord fell and burned up the sacrifice, the wood, the stones and the soil, and also the water... When all the people saw this, they fell prostrate and cried, "The Lord—he is God! The Lord—he is God!" 1 Kings 18:36-39 NIV

■ **Unrealistic** _____

Take my life; I am no better than my ancestors. 1 Kings 19:4 NIV

■ **Self** _____

I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too. 1 Kings 19:10 NIV

A cure for discouragement and depression:

1. **Rest** _____

He lay down under the bush and fell asleep. 1 Kings 19:5 NIV

God wants his loved ones to get their proper rest. Ps. 127:2 TLB

2. **Refocus** _____

Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by. 1 Kings 19:11 NIV

Jesus often withdrew to lonely places and prayed. Luke 5:16 NIV

3. **Recharge** _____

The Lord said to him, "Go...anoint Hazael...anoint Jehu...and anoint Elisha...I reserve seven thousand in Israel—all whose knees have not bowed down to Baal." 1 Kings 19:15-18 NIV

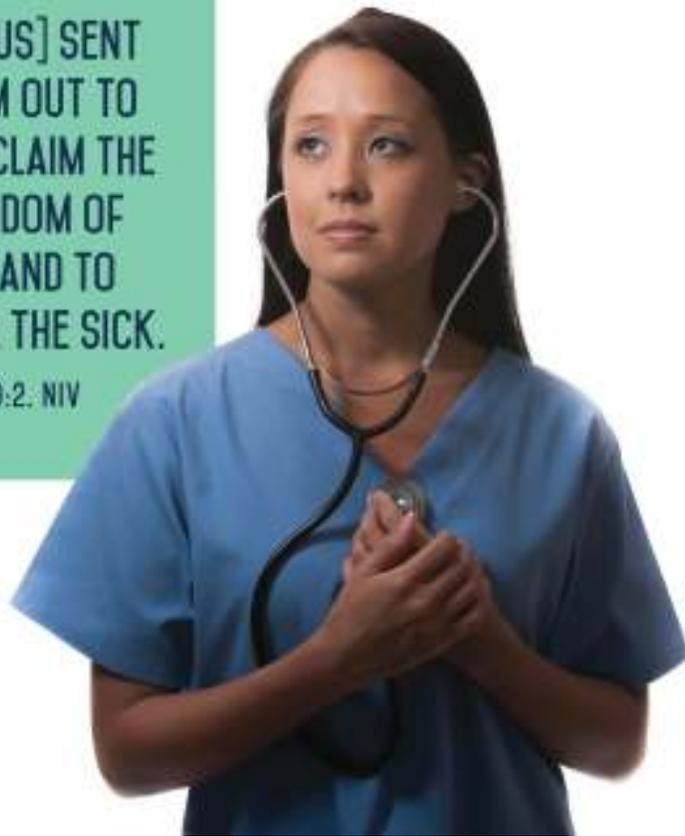
Do not give up meeting together, as some are in the habit of doing, but encourage one another. Heb. 10:25 NIV

Come to me, all who are tired from carrying heavy loads, and I will give you rest.

Mt. 11:28 GNB

[JESUS] SENT
THEM OUT TO
PROCLAIM THE
KINGDOM OF
GOD AND TO
HEAL THE SICK.

LUKE 9:2. NIV



Jimmie Bailey
Betty Broome
Ed Burbank
Paul Fox
Jim Freeman
Joann Holcombe
Ronnie Hunt
Frances Lucas
Jim/Charlotte McFarland
Jim Freeman
Ben Lavender
Luke Lawler

Anita Miller
Leeida Nicholson
Lyla Norris
Shelli Preston
Charles Purvis
Emily Rabren
Ann Rasco
Sherry Rush
Susan Todd
Jeffrey Vick
Maurine Wilson